


Info (about this site)

What is this site about?

1. This is a simple site, dedicated to teaching the basics of physiology.	2. I have used a similar site for many years, teaching human medical physiology in several medical and para-medical schools.
3. Now, I have completely renewed and upgraded this site, inserted MCQ's and downloadable PDF's.	4. If you are interested in visiting my old sites, go to www.HumanPhysiology.academy .
5. While I am (still) expanding and upgrading this site, I most certainly welcome your comments, suggestions and/or questions. Feel free to contact me: wlammers@smoothmap.org or info@BasicPhysiology.org	<p style="text-align: center;"><i>Thank you for your interest!</i></p>  <p style="text-align: center;"><i>Wim Lammers</i></p>

Tips how to use this site

1. I always try to be as simple and as straightforward as possible. But, if you don't agree, let me know!	2. From the contents page, you can decide which pages you want to read and learn from.
3. In addition, every page has the possibility, in the sidebar to the right, of down loading a pdf file of that page. Also, in several pages, there is the possibility of looking at the glossary dedicated to that page and to test your knowledge with the help of several MCQ's .	4. Oh yes! Did you know that you can better study (anything, not only physiology) from printed texts, rather than from screen?
5. From my own experience I know that, if I have to write an important letter or mail (like a job application), I better print out the text and read it carefully before mailing it.	6. I am always surprised at how many mistakes I discover on paper that I had missed on screen. Apparently, research has been performed on this subject which you can find in this BasicPhysiology.org/Library/StavangerDeclaration.pdf or ereadcost.eu/Stavanger-declaration .

Acknowledgements

1. I need to acknowledge a LOT of people who helped me in learning and teaching physiology!	2. In the first place, my very first Physiology teacher at the University of Amsterdam; Lennart Bouman. His way of teaching (funny, witty) became a role model for me.
3. Also, several other staff at that department played an important role in my career (Vic Bonke, Habo Jongsma, Peter Hollander).	4. I also learned a lot during my first appointment at the University of Maastricht in the Netherlands (Maurits Allessie, Rob Reneman, and Ger van der Vusse amongst others)
5. The same was true during my appointment at the Medical School in Al Ain, in the Emirate of Abu Dhabi, UAE. This is where I also started to develop a website for my students.	6. And this was further expanded with my friend John Morrison who joined me in www.HumanPhysiology.academy . John unfortunately passed away recently. May he rest in peace.

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